



## UTAH COUNTY HEALTH DEPARTMENT

Ralph L. Clegg, E.H.S., M.P.A.  
Executive Director

Eric S. Edwards, M.C.H.E.S., M.P.A.  
Deputy Director

SUBJECT: Medical or Sick Policy for Exclusion from School

### **Policy for Dealing with Communicable Disease in the School/Day Care Setting**

Controlling communicable disease in the day care and school setting is of utmost importance. Providing a safe, comfortable, and healthy environment facilitates the educational process, encourages social development, and allows children to acquire healthy attitudes toward organized settings.

Children who are ill or feel sick can create difficulties in group settings. An ill child often demands more attention from the teacher or caregiver and cannot fully participate in group or educational activities. Worse yet, the child with a communicable disease may spread the illness to others. This is especially true in the case of medically fragile children. Accordingly, it is essential that educators, parents, and day care providers control the spread of communicable disease by safe, effective, and practical efforts.

The following are conditions of special concern to us for which children should be kept home and when necessary, diagnosed and treated by a licensed clinician before returning to school or day care:

**1. Colds/Flu**

Watery discharge from nose and eyes, sneezing, chills, general body discomfort, or if there is a fever or yellow or green drainage from eyes or nose it is particularly important to keep the children home.

**2. Diarrheal Diseases**

An increased number of stools compared with the child's normal pattern with increased water and/or decreased form which may be accompanied by nausea, vomiting, abdominal cramping, headache, and/or fever. If any kind of stool softeners (fleets, enema, laxative, etc.) are administered, please keep student home for at least 12 hours.

**3. Impetigo**

Blister-like skin lesions or oozing or crusted sores could be Impetigo which **MUST** be diagnosed and treated with antibiotic for at least 24 hours before the child may return to school.

151 South University Ave, Provo, Utah 84601-4427 • [www.UtahCountyHealth.org](http://www.UtahCountyHealth.org) • Phone 801.851.7000 • Fax 801.851.7009

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- 4. **Pink-Eye or Conjunctivitis**  
Redness of eye(s), watery, white or yellow discharge from the eye, matted eyelashes, burning or itching eyes may be infectious conjunctivitis which **MUST** be treated antibiotic for at least 24 hours before the child may return to school.
- 5. **Any open wound or sore**
- 6. **Persistent cough**
- 7. **Nausea or vomiting**
- 8. **Strep throat or other bacterial infection not on antibiotic for at least 24 hours**
- 9. **Fever 100 degrees or above**
- 10. **Presence of any skin rashes that might be due to an infection (ie. Measles, strep, staph, fungus, chicken pox)**
- 11. **Foul smelling urine, or blood in urine**
- 12. **Earache or ear drainage**

It would be greatly appreciated if children with these problems could bring doctors notes when they return to school.

Thank you for helping us care for and teach your children by providing for their medical needs.

 1/10/17  
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 Ralph L. Clegg, E.H. S., M.P.A.      Date  
 Executive Director  
 Utah County Health Department

 1/10/17  
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 David C. Flinders, M.D.      Date  
 Medical Director  
 Utah County Health Department

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