UTAH COUNTY BOARD OF HEALTH

151 SOUTH UNIVERSITY AVENUE
PROVO, UTAH 84601

MINUTES
July *27, 2015*

Members Present:			
Clyde Nielsen, RPh, Chair	X	Teresa Tavares, Vice Chair	X
Gaye L. Ray, RN	X	Mayor Jeff Acerson	X
Superintendent Keith Rittel	X	Diane Lohner	Excused
Dianne C. Carr	X	Commissioner Larry Ellertson	X
Henry M. Yeates, MD	X		

Others present: Dr. Joseph Miner –Utah County Health Department (UCHD) Executive Director
Debbi Solen – UCHD Secretary
Number of people in attendance – 29

1. Welcome by Clyde Nielsen

2. Approval of the Minutes from the May 18, 2015 meeting

MOTION: Dianne Carr made the motion to approve the minutes, which was seconded by Jeff Acerson and passed by unanimous vote.

3. United Way Presentation – Bill Hulterstrom

The Health Department has collaborated many years with United Way and has help fund a community assessment which is conducted about every 4-5 years. The data helps our community leaders identify areas that are doing well and those that need improvement. Since 2000, Utah County's population has grown 47% and is the fastest growing county in Utah.

Utah County is still experiencing growing pains. The high cost of affordable housing is affecting many people who are spending more than 30% of their income on housing. The income level in Utah County is about the same as in Salt Lake County. About 11.6% of Utah County families with children are living below poverty. Our unemployment rate is less than the national average. Our high school graduation rate is 83%. Education is correlated to income level.

Utah County has a very good health ranking except when it comes to air quality. And Utah's suicide rate is worse than the national average. The rate had gone down but is now back up and no one is sure as to why. One reason may be that guns are more prevalent in the western states than back east.

We need to be building more resiliencies in our children, youth and families. We need to be thinking "our kids' and not "my kids". Areas that need more focus are education, housing and mental and behavioral health. As our cities grow we become a more dense population and less united. Strong neighborhoods are those who know each other.

4. Community Health Improvement Plan – Allyson Holmes

The Community Health Improvement Plan (CHIP) has been developed by Utah County staff and community partners to assess, develop and implement action plans to improve community health. They will be working with other existing community partners and strengthening their current successful programs.

The CHIP Task Force has identified 4 priories that they will be focusing on: 1) Air Quality, 2) Behavioral Health, 3) Physical Activity and Nutrition and 4) Healthy Children. A "Forces of Change" chart was discussed as current trends, events or factors within the community can have both positive and negative effects. Knowing these effects helps the CHIP coalition set their goals more specifically. Starting in January 2016, the CHIP coalition will be meeting with community partners to set their objectives so they can achieve their goals.

Since 35% of Utah County is under age 18 they will need to engage the parents. Funding for what needs to be done to improve our air quality will need to be found and current laws need to be enforced. There are 17,000 people being treated in Utah County for mental and behavioral health issues and many more that are not or do not think they have a problem. Almost 60% of the population in Utah County is overweight or obese and this has been the leading cause of death for many years.

Improving these conditions will take years, but identifying and addressing the issues will help to solve them. The Board approves of these 4 priorities and encourages the CHIP coalition to look for ways to support programs already in place.

5. Consider Household Hazardous Waste Disposal and Recycling Program

Our Household Hazardous Waste (HHW) disposal and recycling day has been very successful. These have been run and financially supported by the North and South County Solid Waste Districts. They started in 2008 to have a collection day and it has grown substantively since. We collected 262,047 lbs of household hazardous waste this last May and people came from 28 different cities. There is public demand for year round collection sites.

It is important to protect the ground water from landfill leaching hazardous chemicals and to extend the life of landfills by disposing hazard waste properly. Chemicals in homes and businesses present an ongoing threat to public health and safety as they accumulate over time. Hazardous chemicals are very hard on sewage treatment systems and when not managed properly can also enter storm drains and contaminate rivers, streams and lakes. Accidents, spills and fires involving hazardous chemicals are

extremely dangerous to people, animals and the environment (air, land and water) and they're very costly to clean up.

The North Pointe Solid Waste District and South Utah Valley Solid Waste District have borne the costs of the HHW collection day to date, $47,000 for the 2015 event after everything that could be recycled was recycled. They have approached us desiring a more comprehensive program for the whole county with a more complete and fair funding mechanism. They are requesting a tonnage fee to fund 2 events a year, one in the South County and the other in the North County. The fees would waive the disposal cost for waste brought by home owners to the landfill and offset disposal costs currently incurred by landfill operators.

Dan Moore from Salt Lake County Health Department said they have been doing the Household Hazardous Waste collection day two times a year for 26 years and have funded these with tonnage fees. Currently Salt Lake County charges $1.50/ton for municipal, $.075/ton for Construction & Demolition and $0.25 for medical waste. They also enforce their rules.

It has been proposed that Utah County charge less than Salt Lake County for example $0.10/ton for Construction & Demolition. The Board can assess fees for all of Utah County. It was suggested that cities charge $1.00 per household on the garbage bills instead of fees being assessed at the landfill site. A few cities dump at the private landfills and never go to the North or South County landfills at all. The fees should support all landfills, county and private.

The Board should be aware that waste generated in Salt Lake County is being dumped in Utah County. Fairfield City is accepting waste that should be disposed of at other sites and in other ways. The Board will continue to work on this issue.

6. Smoke Free Airport Initiative – Linnea Fletcher

The Salt Lake Airport is being remodeled and included in the plans are "high-quality" smoking rooms. Of the 35 busiest airports in the US, only 7 of them still allow smoking. We do not want to be known to have the best quality smoking rooms. With the passing of the Clean Air Act, many smokers are used to not smoking indoors. There have been studies that show ventilated rooms and designated smoking areas are not effective in fully eliminating exposure to secondhand smoke. Millions of passengers and thousands of airport workers are still being exposed to serious health hazards because of the ongoing indoor smoking.

Smoke free airports save money that would otherwise be spent paying for the expensive ventilation equipment and maintenance. The areas being considered for smoking rooms could be used to provide more space for shops, restaurants and other amenities.

During the 1990s Delta Airlines maintained that if smoking was not allowed indoors then they would eliminate Salt Lake City as one of its hubs. Delta now says the issue of allowing smoking indoors is an airport concern and not theirs. They no longer support in-terminal smoking.

The Utah Tobacco Free Alliance is asking for written support from all Boards of Health, Mayors and other community leaders to let Maureen Riley, Executive Director of the Salt Lake City Airport, know how we feel about providing smoking rooms.

MOTION: Gaye Ray made the motion to draft a letter supporting the Utah Tobacco Smoke Free Alliance position against providing smoking rooms at the Salt Lake Airport which was seconded by Dianne Carr and passed by unanimous vote.

A letter will be drafted and signed. Linnea is gathering letters from cities and these will be added with other Board of Health letters and submitted to Maureen Riley at one time. The Utah Tobacco Free Alliance feels this will have a bigger impact than sending in one letter at a time.

7. Utah County Clean Air Task Force Update

   There is nothing at this time.

8. Board Member Feedback from Constituents

   a. Some of the Board members have been asked why we are concerned about E-cigarettes. It is apparent that most adults know very little about E-cigarettes and the dangers or how prevalent they are being used among our youth. An article from the May-June 2015 issue of "Allergy Watch" was distributed. A study reports that formaldehyde-containing hemiacetals can be formed during the E-cigarette vaping process and carries the same risk as inhaling gaseous formaldehyde. Depending on the calculation method used, the life-time cancer risk associated with long-term E-cigarette use could be 5 to 15 times higher than that associated with long-term cigarette smoking.
   b. A Board member was asked if anyone is checking the Food Trucks and booths for food safety. Apparently someone became sick after eating at one of these places and they were told they needed to report this to Environmental Health at the Utah County Health Department.

9. New Employees

   Board members were referred to the list of employee changes. The Nurse-Family Partnership program is now fully staffed. This is a new program for the Health Department to help low-income, first-time mothers develop behaviors that will enable them to have healthier pregnancies, be better parents and have emotionally and physically healthier children that will hopefully attain greater economic self-sufficiency.

   Lance Madigan was our PIO but has accepted a position with IHC. Aislynn Tolman-Hill from Grand Junction, Colorado has been hired as his replacement. She was the Emergency Planner and back-up PIO from the Mesa County Health Department.

10. Other Business:

    a. The Board said even though they support the Community Health Improvement Plan the health department needs to be sure they don't create more coalitions but that they use the programs that are already working and try to enhance them.

b. E-Cigarette compliance checks have been performed and county-wide about 7.5% of the stores sold to underage youth. Tobacco specialty stores and vape shops were the biggest offenders.
c. The Grenny family would like to speak to the Board about their experience at one of the trampoline gyms. Dr. Yeates will speak with them about this for either our September or November meeting.
d. Gaye Ray has sent an email to other members regarding the UALBH Annual Symposium, September 10-11th. This is held at Daniels Summit Lodge in Heber and promises to be very informative. Please fill out the registration form and give to Debbi. UALBH will pay for your hotel (one night only), some meals and mileage for those traveling over 50 miles.

Our next meeting will be September 28, 2015.

MOTION: Commissioner Ellertson made the motion to adjourn the meeting which was seconded by Gaye Ray and passed by unanimous vote.

Meeting adjourned at 6:00 PM.

Joseph K. Miner, MD

Joseph Miner, MD
Executive Director
Utah County Health Department

Clyde H. Nielsen

Clyde Nielsen, RPh
Chair
Utah County Board of Health