

**Utah County Board of Health**  
**Draft Regulation - Commercial Trampoline Gyms**  
**(Updated 9/10/2013)**

WHEREAS, the Utah County Board of Health has received a report from trauma medical service providers within Utah County which detailed several severe, life-altering injuries recently sustained at trampoline gyms within Utah County, and

WHEREAS, the American Academy of Orthopedic Surgeons recognizes that the severity of trampoline-related injuries is significant among all age groups, and the American Academy of Pediatrics advises against recreational trampoline use, and

WHEREAS, under any circumstances, jumping on trampolines carries an associated risk of injury, and

WHEREAS, the Utah County Board of Health finds that jumping on commercial trampolines carry an increased risk of severe injury.

NOW THEREFORE, to control and minimize injuries and to facilitate the Utah County Health Department to identify injury problems, develop standards for the correction and prevention of future occurrences, and provide public information and instruction to operators and patrons of commercial trampoline gyms, the Utah County Board of Health adopts the following regulation:

**1.0 Definitions:**

- 1.1** **“Trampoline Court”** shall mean an area comprised of one or more commercial trampolines and any associated foam pits.
- 1.2** **“Trampoline Gym”** shall mean any place of business that operates for the purpose of offering the use of a trampoline court.
- 1.3** **“Commercial Trampoline”** shall mean a device consisting of a bed of canvas, fabric, or other material attached to a framework by springs, rubber coils, or other elastic material used as a human springboard and intended for commercial use.
- 1.4** **“Operator”** shall mean a person who owns, manages, or controls or has the duty to control the operation of a trampoline gym.
- 1.5** **“Injury”** shall mean any complaint or report of pain for which first-aid is requested or provided.
- 1.6** **“Serious Injury”** shall mean an injury for which medical attention further than ordinary first-aid is requested or provided and shall include, but shall not be limited to, an injury requiring or receiving the care of a

licensed medical service provider, broken bone(s), head injury, spinal cord injury, paralysis, death, etc.

## **2.0 This regulation does not apply to the following:**

- 2.1** Any playground operated by a school or local government, if the playground is an incidental amenity and the operating entity is not primarily engaged in providing amusement, pleasure or thrills.
- 2.2** Inflatable rides, inflatable bounce houses, ball crawls, equipment used exclusively for exercise.
- 2.3** Gymnastics facilities where all of the following are applicable:
  - 2.3.1** The majority of activities are gymnastics based.
  - 2.3.2** The facility derives the majority of its revenues through supervised educational instruction classes where the student-to-coach/instructor ratio is based on age, skill level, and number of students.
  - 2.3.3** The facility teaches gymnastics skills and basics through programs that use progressive-oriented training and has supervised classes.
  - 2.3.4** The facility is not open to or available for general use in a general admission, free-play type of environment.

## **3.0 Notification of risk**

- 3.1** Each operator of a trampoline gym shall educate all participants regarding the potential for serious injury associated with use of the trampoline court in addition to and separate from any waiver of liability forms.
- 3.2** Each operator shall post signage in conspicuous, well-lighted areas at the entrance desk and within the trampoline gym, warning users of the risks of using the trampoline court and displaying safety rules. Letters shall be at least 2 inches in height.
- 3.3** At a minimum, the sign at the entrance desk shall state: "WARNING: use of this facility may cause serious injuries including broken bones, injury to brain or spinal cord, paralysis or other disability."

## **4.0 Supervision**

- 4.1** Trampoline Courts shall, during all times the trampoline court is open to the public, be monitored by at least one (1) adult, Lead Safety Supervisor.

4.2 Operators shall employ and train other safety supervisors (recommended one for every 32 patrons) to actively monitor the trampoline court and enforce all regulations herein and all rules of the trampoline gym.

4.3 All safety supervisors shall be trained regarding these regulations, rules of the trampoline gym, including an adopted protocol for responding to accidents and injuries, and be certified in first aid, and CPR.

## 5.0 Reporting of injuries

5.1 Each operator of a trampoline gym within Utah County is required to formally track and report or cause to be reported in writing each quarter to the Utah County Health Department all injuries associated with trampoline court use. Such report shall include the following

5.1.1 Name of injured patron.

5.1.2 Age of injured patron.

5.1.3 Specific description of injury (part of body injured, physical description, patron's description/complaint, etc.).

5.1.4 Specific description of apparatus patron was using at time of injury.

5.1.5 Specific description of how injury was sustained.

5.1.6 Whether contact with another patron contributed to injury.

5.1.7 Whether injured patron was transported by a medical service provider, if so, name of agency.

5.1.8 Whether injury is a serious injury (as defined above).

5.2 Medical service providers including, but not limited to, fire, police, EMT, ambulance, hospitals, emergency rooms, immediate care or urgent care centers, or primary care providers who report to or provide medical service to a person injured at a trampoline gym which results in death or serious injury (as defined above) are required to report the accident to the Utah County Health Department.

## 6.0 Inspections

6.1 Each operator shall allow and facilitate the Utah County Health Department's inspections of their facility to ensure compliance with the regulations found herein.

6.2 Each operator shall make available to the Utah County Health Department inspector all inspection, maintenance and injury logs or reports.

## 7.0 Penalty for violation

Any person who violates any provision of this regulation pertaining to commercial trampoline gyms shall be subject to criminal and civil liability as contained in Utah Code Annotated 26A-1-123.

## 8.0 Additional, recommended standards for commercial trampoline gyms:

- 8.1 No child under 7 years of age is to use the trampoline court unless in an assigned area for that age group and is accompanied by a responsible adult or safety supervisor.
- 8.2 One person on an individual trampoline at any given time.
- 8.3 No somersaults or flips.
- 8.4 The trampolines should be placed a safe distance from other structures.
- 8.5 The trampolines should be at ground level.
- 8.6 Full safety pad coverage over the springs, coils and frame of trampoline.
- 8.7 The trampoline court should be maintained in good repair and inspected every six (6) months by a qualified individual, experienced with trampoline courts – preferably an independent consultant.
- 8.8 Review and follow the Standard Practice for Trampoline Courts found in ASTM International Designation F2970-13.