



UTAH COUNTY BOARD OF HEALTH

151 SOUTH UNIVERSITY AVENUE
PROVO, UTAH 84601

MINUTES

January 23, 2012

Members Present:

Name	
Erin Maughan, PhD	X
Clyde Nielsen, RPh	X
Dianne C. Carr	X
Henry M. Yeates, M.D.	Excused
Vernon Henshaw	X

Name	
Viola Ramos, MRC	Excused
Mayor Jim Dain	X
Doug Witney, Commissioner	X
Diane Lohner	X

Others present: Dr. Joseph Miner - Executive Secretary, Ralph Clegg - Deputy Director, Debbi Solen - Board Secretary

Utah County Health Department: Terry Beebe, Lance Madigan, Jason Garrett
Others Present: Ashlee Barrow and Rodney Till

1. Welcome and Introductions

Dr. Erin Maughan welcomed everyone and introduced Dianne Carr. This was Dianne's first Board of Health meeting since being appointed to replace Sandy Huff last August. Dr. Maughan brought Ashlee Barrow from the BYU Nursing program and Dr. Miner brought Rodney Till, a BYU Pre-Med student, to observe a Board of Health meeting.

2. Approval of the Minutes from the September 26, 2011 meeting

MOTION: Vernon Henshaw made the motion to approve the minutes, which was seconded by Diane Lohner and passed by unanimous vote.

3. Election of Officers

As this is the first meeting of the year, the Board discussed and elected a Chair and Vice Chair.

MOTION: Mayor Dain made the motion to elect by acclamation Dr. Erin Maughan to remain as Board Chair, which was seconded by Commissioner Witney and passed by unanimous vote.

MOTION: Mayor Dain made the motion to elect by acclamation Clyde Nielsen as Vice Chair, which was seconded by Commissioner Witney and passed by unanimous vote.

4. Review and Approval of Proposed Health Department Fees for Environmental Health

A handout of the proposed fee adjustments was reviewed.

Page 3 and page 4 of 12 reduces the Temporary Food Permit amounts and eliminates the Greater than 4 non-consecutive day events. These are covered under the previously listed fees.

Examples of Food Risks were given:

Low Risk Food = Popcorn, Shaved Ice, or Texas Twisters.

Medium Risk Food = Hot Dogs and Hamburgers

High Risk Food = Food prepared off site and cooled and reheated.

Page 5 of 12 changes from \$2.00 to \$3.00 our fee for the Lead Testing Swabs to cover the increased cost to us.

Page 8 of 12 changes the Follow Up Inspection Visits from the 3rd to the 2nd visit. There is no charge for the 1st Follow Up Inspection. The purpose of the increase of the fees for the additional follow-up inspection visits is the amount of additional staff time required to assure compliance by these businesses.

MOTION: Commissioner Witney made the motion to adopt the new fees, which was seconded by Vern Henshaw and passed by unanimous vote.

5. Variance Request for Crossing Sewage and Water Lines - Terry Beebe and Jason Garrett

There is a new charter school being built called Clear Horizon and they are in a situation where they are not able to hook on to the public sewer so they had to install an onsite waste water system. After they had installed the septic tank and drain field, the Fire Marshal required they install another fire hydrant. Orem City Fire Marshal did not think the school needed another fire hydrant, but the Utah County and the State Fire Marshals both said the additional fire hydrant was needed.

This required they put in a culinary water line to where the fire hydrant would be located. To accomplish this they ran the water line under the sewer line. The Drinking Water Code, the Onsite Waste Water Code, and the International Plumbing Code do not allow water lines to go under sewer lines. The water line can be above the sewer line but there has to be a 10' separation between the two lines. In this case the water line is below the sewer line and this is never acceptable. To mitigate the risk, the school is proposing to enclose the sewer line in a sleeve.

The lines are already installed. It is an 8" water line and the site has shallow ground water. The lines are about 1 foot apart and run perpendicular to each other. They would like to receive a variance from the Code until they can hook on to the city sewer. They have already put a steel sleeve around the sewer line 6' in both directions from the water line. We asked them to contact the DEQ Drinking Water Division and request an Exception from the Rule. To complicate matters, it is Provo City Water and Orem City/Provo City Distribution System, both cities are involved. It is an Orem City school and Orem City property and will eventually become Orem City Water and Orem City Sewer.

We are requesting the school obtain for us a written Exception from the Rule from DEQ. We also request a written assurance from Orem City stating they would maintain both the sewer line and the water line and would be responsible for correcting any problems that might occur from either line breaking and possibly

contaminating Provo City's water. We also request a written agreement from Provo City stating they approve of the solution that Orem City has come up with. We are also requesting that the school encase in concrete a steel sleeve around the sewer line that extends at least 10' on either side of the water line.

This problem will be solved when they hook on to the Orem City Sewer System. It is already stubbed in to attach to the Orem City Sewer System in a way that will not cross any water lines. DEQ will make a decision after they receive a letter from Orem City outlining their proposal to resolve this increased risk of contamination.

MOTION: Mayor Jim Dain made the motion to approve this variance request contingent upon the written assurances and approvals of the cities and DEQ. This was seconded by Commissioner Witney and passed by unanimous vote.

6. Community Assessment Activities and Presentation - Toni Carpenter

CASPER was created by the CDC.

C = Community, A = Assessment for, P = Public Health, E = Emergency, R = Response.

This tool to assess community needs during emergencies will be used to do a community assessment of current needs. CDC has randomly identified 30 clusters or areas with 7 households each randomly picked for the rapid needs assessment to be held Saturday, March 10th. Saturday, March 3rd, they will conduct a Pilot test of 30 households to assess if they need to change anything regarding the survey. They are using students who have become volunteers for MRC and will earn 10 volunteer hrs. If we were to have a disaster we already have our volunteers in place. Two other states have already completed similar surveys. This will help Utah County identify the gaps in health care needs and our services. Commissioner Witney said it would be valuable to give feedback to the residents. Mayor Dain asked that the results be shared with the Mayors at their City Council meetings and /or at a presentation to the Council of Governments.

7. Report of the Utah Association of Local Boards of Health Annual Symposium - UALBOH by: Erin Maughan, Dianne Carr, and Clyde Nielsen

Ken Johnson, from the Weber-Morgan Board, is in charge of the Symposium this year. Someone from the National Association of Local Boards of Health (NALBOH) came who also serves on a local Nebraska Board of Health. He was able to give his perspective from both the national and local level that was very helpful. Clyde Nielsen spoke on Prescription Drug Abuse and it was excellent. Dr. David Blodgett, from St. George, spoke on Tobacco and the Media and how the packaging and marketing is targeted to the youth. The average age for becoming a smoker is 14 in this country. Master Settlement Agreement requires Tobacco companies to educate the populace about tobacco usage, "Truth about Tobacco." The federal funding can be used for other things, but Utah uses much of the funding for smoking prevention. There is a common denominator between those who use drugs and those who smoke. Our County Substance Abuse program requires clients to stop smoking as part of their treatment. The prison is smoke free. Hospitals give nicotine patches and gum to help people ease their withdrawal.

Commissioner Witney mentioned that there is a big push to privatize the sale of alcohol. There are a lot of legislators that support this.

They were able to see what other Utah counties are doing for their assessment. Every county is unique and they have very different needs. It was very interesting to see what they are doing to meet those needs. The members of the symposium voted on a topic that as an association we could focus on for this year. The obesity epidemic spanning all ages was the top choice. The next UALBOH Steering Committee meeting is February 10th and Erin Maughan will be attending. She will bring back information for the Board.

The leading cause of death in this country is cardiovascular disease and that is the area of funding that is being cut the most. This is the year that the State does a random study of obesity in children and measures their BMI. This is how we get the ratings for obesity in our state. There is a lack of recess time at schools and many children do not have that much physical activity at home. Sports should not just be for the most athletic students. The U.S. Dept. of Agricultural School Lunch Program has finally updated the food regulations from what they were during WWII. Colorado is rated one of the healthiest and Utah is getting worse. Children enjoy playing for the fun of it. They need opportunities to do this. They don't walk to school anymore. Spanish Fork has some great after school activities. The National Parks and Recreation Centers are trying to get activities for families. We need to get schools, communities, and families involved.

8. Self Assessment of Local Board of Health - Erin Maughan

Erin brought a Board Self-Evaluation Form that she received from the UALBOH. Please complete it. This will help us understand better our role as a Board. Put a 1,2, or a 3 beside each item. Leave it blank if you don't know. Erin will email it to everyone so they can email back.

9. Board Member Feedback from Constituents

Clyde Nielsen has heard that the immunization clinic is wonderful. He appreciates being able to recommend the clinic to people and to hear back not only how reasonably priced the vaccines are, but also how well they were treated.

10. New Employees

Dr. Miner reviewed the list of employees hired and those who left.

11. Other Business

Please bring your packet that has been mailed to you to these meetings. It will help save some paper. You should be getting the packets one week before the meetings. Please let Debbi Solen know if you haven't been receiving these. Her # 801-851-7012.

The Commissioners have approved funding in our budget for rent for limited satellite offices in the north end of the County. The building is located in American Fork and will be in the same building as our AF WIC. The landlord is willing to remodel the building for us. There will be birth and death certificates available, an immunization clinic, and environmental health services such as food handler cards. This will serve not only American Fork, but all the other communities located in the north end of the County and will be very beneficial for all those people who now have to travel to Provo for these services. Lance Madigan will publicize the additional location and there will be a ribbon cutting ceremony.

Commissioner Witney mentioned that the County is looking at having North County Substance Abuse and Mental Health facilities and a small temporary jail for holding inmates until they can be transferred to the County jail. The travel time now ties up law enforcement officers as much as 2 hrs every time they transfer someone to the jail and they could be doing more effective things.

Also included in your packet was the Board of Health meeting schedule for the upcoming year. Meetings will be the odd months of the year on the 4th Monday except for May and July which will be the 3rd Mondays because of the holidays.

Dr. Miner reviewed the organization chart. Late last year Substance Abuse was separated from the Health Department and became it's own department. By law, they have always functioned much like a separate department with their own Board and their separate fund. There is a small staff for the Senior Programs, but they have about 100 senior volunteers. Lynn Flinders, the director of Family and Personal Health, will be retiring at the end of this week. Steve Mickelson has been hired to replace her. He is a Nurse Practitioner and has worked about 10 years with the Utah Department of Health. He was a Nurse Practitioner at the Utah Developmental Center and has worked for 4 yrs at the Health Clinics of Utah. Steve had a prior engagement so he was unable to attend today, but will be at our next meeting.

Dr. Miner reviewed the Utah County Health Department's Mission Statement and reviewed the national ten essential Public Health Services and the National Public Health Vision. The Mission is to promote health and prevent avoidable disease and injury by monitoring the health of our community and assuring conditions in which people can be healthy. Most Public Health is done by many community partners and the general public and our Department functions to coordinate services and assure they are available to the public.

Dr. Miner distributed a handout, "Leading Causes of Death of the Century." This breaks down disease prevention into Primary, Secondary, and Tertiary stages of illness. We are in the business of preventive, population based health care. Most of what we do is in the Primary and Secondary prevention. Most health-care dollars are spent on Tertiary prevention. We need to focus more on Primary and Secondary prevention. Primary Prevention would be to educate or eliminate risk and exposure to disease and Secondary Prevention would be to provide screening tests for early detection of disease. The most cost effective preventive activity available today is one baby aspirin a day and the second most cost effective preventive activity is childhood immunizations.

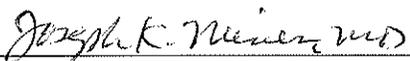
Erin Maughan asked if there were other subjects that the Board would like to learn about. We could have someone come and give a presentation on the MRC program, the CASPER results, and to review our Annual Report, etc. Mayor Dain said the Mayors would also appreciate learning about the MRC program and hearing the CASPER results at a Council of Governments (COG) meeting. Our Annual Report is always sent to every Mayor.

All Board of Health terms are 3 year appointments. Mayor and Commissioner terms rotate based on the elections. Erin Maughan, Clyde Nielsen, and Dianne Carr were reappointed so need to be sworn in again as their terms ended in December 2011. Debbi Solen will contact the County Clerk/Auditor's office to make sure this is done.

MOTION: Dr. Henshaw made the motion to adjourn, which was seconded by Mayor Dain and passed by unanimous vote.

12. Next meeting - March 26, 2012 in the H&J Building, Suite 2500

Meeting adjourned at 5:30 p.m.



Joseph. Miner, M.D.
Executive Director
Utah County Health Department



Erin Maughan, PhD
Chair
Utah County Board of Health